

BASKETBALL TRAINING APPARATUS

Abstract

A basketball training apparatus for improving shooting skills and accuracy on all playing levels. The basketball training apparatus is adapted for use with a basketball rim placed above a playing surface, and comprises a base on the playing surface beneath the basketball rim, a plurality of arms extending in radial directions from the base, a plurality of shooting markers spaced apart along the length of each arm, and vision markers attached to the basketball rim. Each vision marker is radially aligned with a corresponding one of the arms. With this arrangement, a user, when standing on one of the shooting markers and facing the basketball rim, is provided with visual shooting assistance as a result of the arm being radially aligned with one of the vision markers located on a region of the basketball rim that is nearest the user.